

# JOURNEYING THROUGH LOSS AND GRIEF SUPPORT GROUP



As a new initiative, the Spiritual and Pastoral Care Service (SLaM) is offering a 6-session Loss and Grief Support Programme spread over 12 weeks, from February through to April 2014. The Group will be led by experienced facilitators, and will be a closed group of a maximum of 10 participants.

The Group is open to all adult service-users, staff and others who are seeking support in understanding and coming to terms with various aspects of loss and grief/bereavement. Referrals (including self-referrals) are welcome, and potential participants will have an initial meeting to assess suitability for the Programme.

The first Programme will be based at the Maudsley Hospital, and will take place from 3.30 p.m. to 4.30 p.m. on the following dates in 2014: 11 February; 25 February; 11 March; 25 March; 8 April; 22 April.

*For further information, and to apply for or make a referral to the group, please contact:* Julia Head, Joint Team Leader, Spiritual and Pastoral Care Service. Maudsley Hospital, Denmark Hill, London SE5 8AZ. Tel: 0203 228 2891. Email [julia.head@slam.nhs.uk](mailto:julia.head@slam.nhs.uk).